

## **High Performance Camps for Competitive Players**

Raise Your Game; Become a Stronger Competitive Player; Have a Terrific Week of Development. Set Goals, Work Hard, Have Fun.

June 2021 Schedule:

- June 14-18 Strong High School Varsity Players
- June 21-25 Match Tough Competitors
- June 28-July 2 8<sup>th</sup>-10<sup>th</sup> Grade Competitors *might be sold out* 
  - Small group of players in same skill range working with Coach Winslow.
  - Stroke Technique; Shot-Making; Decision-making; Footwork; Serving and Returning; Attacking and Countering.
  - Singles and Doubles Competition. Match Strategies and Management.
  - Point Tactics and Formulas -- "There are lots of ways to win points."
  - Speed, Agility and Conditioning Drills.
  - Schedule and Pricing: Monday-Friday, 9am-1:30pm, free 8:30am drop-off available. \$450.
  - Location: Harding Park, 7115 C Street at Ashbury Avenue, El Cerrito.
  - Safety: Coach is fully vaccinated. Social Distancing and Masking.

Winslow Tennis Academy is for players of all ages and skill levels. We have fun while getting after it with precision, rigor and gusto. I work with more advanced players on match play, mental approaches, point tactics and strategic doubles. We develop young kids, older kids, beginners and tournament players, and have an active junior development program and academy junior team. It's also a delight to work with adults either learning for the first time, rediscovering their games, or competing in USTA league matches. Alexander Winslow, highly experienced USPTA-certified teaching professional and team coach; Member, Wilson USPTA Gold Staff Advisory Program; former head coach, Boys and Girls varsity tennis teams, Bishop O'Dowd High School; former nationally ranked junior player, High School All-American, and starting member, Division I Men's Varsity Tennis Team, San Jose State University.

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